

PATIENT INSTRUCTIONS FOR
ROUTINE URINE SPECIMEN COLLECTION

1. Begin urination into toilet. As urination continues, bring cup or urine tube into stream. Fill cup halfway. If using a tube, fill it to the top.
2. Screw the cap on urine cup, or snap plastic cap on top of tube.
3. Wash hands and return the urine specimen to laboratory personnel.

PATIENT INSTRUCTIONS FOR COLLECTING
CLEAN CATCH URINE SPECIMEN FOR URINE CULTURE

Nurse or laboratory personnel: Remove VACUTAINER Brand Tube and place in a protected location, give bag with cup and towelettes to your patient for mid-stream urine collection.

Patient:

1. Wash hands with soap.
2. Open bag and remove cup and towelettes.
3. Unscrew cap of the urine specimen cup. Place cap on counter with “straw” facing upward. . .TO AVOID CONTAMINATION, DO NOT TOUCH INSIDE OF CUP, CAP OR STRAW.
4. Cleanse yourself with towelettes as follows:
Male--Wipe head of penis in a single motion with first towelette. Repeat with second towelette. If not circumcised, hold foreskin back before cleansing. Urinate a small amount into toilet or bedpan. Proceed to step 5.
Female--Separate the labia. Wipe inner labial folds front to back in a single motion with first towelette. Wipe down through center of labial folds with second towelette. Keep the labia separated and urinate a small amount into toilet or bedpan. Proceed to step 5.
5. Place cup under stream and continue to urinate into cup and collect specimen.
6. Finish voiding into toilet or bedpan.
7. Replace cap on cup. Tighten cap securely. DO NOT REMOVE LABEL FROM CAP.
8. Wash hands; return the urine specimen to laboratory personnel or nursing staff.
9. If specimen is being transported from a satellite lab to the main lab, remember, as always, specimen must be transported to the lab in a biohazard bag.