

## **PATIENT INSTRUCTIONS FOR COLLECTION OF TIMED STOOL SPECIMENS**

### **GENERAL INSTRUCTIONS:**

1. Obtain container from laboratory in which to keep the specimen.
2. This container is weighed in the laboratory before use so that the difference in the weight of a full and an empty container can be used to weigh the amount of stool specimen.
3. Begin the collection time at the time of the first bowel movement.
4. Collect all stool specimens and place in the white container. Be careful to not contaminate with urine, toilet water or any other substance.
5. Keep container on ice or in a refrigerator. **DO NOT PLACE ICE INSIDE THE CONTAINER WITH STOOL.**
6. Collect all stool specimens for whatever time limit was ordered by the physician. It is usually either 24 or 72 hours.
7. Print your name, the date, and the time of collection on the container.
8. After collection is complete, return the container to the laboratory as soon as possible with a requisition.

**IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THIS COLLECTION PROCEDURE, PLEASE CALL THE BROWNWOOD REGIONAL MEDICAL CENTER LABORATORY CHEMISTRY DEPARTMENT AT (325) 649-3116.**